

## Hi Tuff Nutterz Team!

Our primary aim is to keep everyone safe whilst having fun lots of fun!

Please find below our rules for whilst on the course, which we would appreciate you help us make sure participants abide by.

### Rules and Conditions of Entry

- All participants **MUST** have a signed waiver before entry.
- All bookings with matching waivers must be checked before handing out wrist bands and entry.
- Under 5's require an accompanying parent/carer at **ALL TIMES**.
- Each under 5 ticket comes with a free parent/carer ticket. We call this Toddler/Companion ticket.
- All participants must wear a wrist band. Two different colours per session. Please familiarise yourselves with the colours.
- Adults **MUST** remain within the premises for all minors.
- No food, no shoes, no sharp objects (including keys, buckles), no glasses, no glass, no jewellery, no candy, no gum, no mobile phones, no pets, no smoking, no alcohol or drugs or being under the influence of alcohol/drugs/medication.
- No running, each participant must take their time, no rushing or rushing others.
- Ensure plenty of space for the person in front of another.
- Participants to **ALWAYS** look up whilst climbing. Not climb underneath anyone climbing above them. People can slip and fall whilst climbing. Straps are to be used while climbing and one step at a time.
- No climbing or hanging from outside walls.
- Make sure the landing area is clear of all people before anyone jumps or slides.
- **ONE** person jumping at a time.
- The correct sliding position on the slides is arms crossed across chest with feet and legs together.
- **DO NOT** hold hands whilst sliding. Slide separately.
- No sliding down any area that has climbing handles attached.
- No pushing or rough play.
- Smaller children should always be given right of way.
- **NO** tumbling or flipping and no diving.
- Participants to tread carefully and show caution as the course is uneven and spongy.
- The course is only for use during public opening hours when obstacle course staff are on duty.
- Obstacle Course staff directions must always be followed.
- No medical conditions (Heart conditions, pregnancy, etc).Maximum weight 95Kg.
- Whistle or megaphone announcement meaning stop and listen, wait for instructions in case of an emergency.
- Enter at own risk
- Take extra care if surfaces are slippery for instance due to the weather. It is recommended to wear socks with grip tread soles.
- No one is to hold/cradle babies and/or small children whilst undertaking the activities.
- **NO** violent behaviour, or causing annoyance, distress or damage allowed.
- Most important is to keep everyone safe while having fun!

### Incase of emergency or power cut

Please familiarise yourselves with the course picture and know where the exit points are. Move all participants to the nearest exit or to a point where the sky can be seen. If you notice a power cut or emergency please blow your **whistle**. Should there be a power cut there is no need to panic, the course will deflate slowly and just get everyone off calmly, quickly and safely as possible – not cable side. Please go around the course getting everyone off and then go round asking and making sure all parents have their children – remaining calm and friendly & service with a smile 😊

Please take a read through the websites FAQs which may change from time to time. <https://www.tuffnutterz.co.uk/faq>  
Many thanks!